Instructions:

It's time to do an inventory of what you own and why. In this exercise, you'll go through the items in your drawers and closet and document each one with a description, including dresses, tops, bottoms, outerwear, and shoes. You'll also rate each item on how often you wear it (on a scale of 1 to 5) and how much you love it (also on a scale of 1 to 5).

Rating each item in this way gives you a clearer sense of why you own something, whether you should continue owning it, and whether you should have more like it.

For this exercise, we did not include more specialty items such as underwear, workout clothes, or pajamas. If you feel it would be useful to you to include these, you can certainly add them in. If you need more room, print extra pages.

Once you've rated all of your items, turn to the last page and list out your "maybe" items. This is anything that you rated as less than a 4 in either category. From there, use the checkboxes to answer questions about each item and help you decide what to do with it next.

Dresses

Description	Love it (Scale of 1-5)	Wear it (Scale of 1-5)

Tops

Description	Love it (Scale of 1-5)	Wear it (Scale of 1-5)

Bottoms

Description	Love it (Scale of 1-5)	Wear it (Scale of 1-5)

Outerwear

Description	Love it (Scale of 1-5)	Wear it (Scale of 1-5)

Shoes

Description	Love it (Scale of 1-5)	Wear it (Scale of 1-5)

WARDROBE ARCHITECT

Closet Inventory

DESIGNING AND BUILDING THOUGHTFUL ATTIRE

On the sheet below, list all of the items you rated below a 4 in either of the categories ("love it" and "wear it"). Then, answer the questions for each to help decide whether you should keep it in your wardrobe. If an item has no checkboxes, it's time to let it go.

Maybes

Description	Would I wear it more if I mended or altered it in some way?	Have I worn this in the last 9 months?	Would I buy or make this piece today?	Does it hold sentimental value?	Does it look good on me? If you're unsure, ask for a second opinion.	Could it be easily replaced with something better?
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